

Nutritional Health Forum and Graduation Ceremony

The Nutritional Health Education Forum and Nutrition Class Graduation Ceremony was held on December 9, 2012 in Council Chamber, Toronto City Hall. The event was highlighted by two presentations: Dr. Steve Cui "Dietary fibre as Nutraceuticals" and Dr. Richard Goodfellow "Nutrition for Chronic Pain Patients". In addition, a group of 28 bilingual students were graduated from Canadian Academy of Natural Health and recognized as Registered Nutritional Health Specialists to support increasing need of Toronto multicultural community. This event is co-hosted by Canadian Association of Nutri-Health Education (CANE), Canadian Association for Cancer Support (CACS), Natural Medicine Health Society (NMHS), Toronto Community and Culture Centre (TCCC) and Canadian Academy of Natural Health (CANHealth).



The Nutritional Health Education Forum and Nutrition Class Graduation Ceremony was held in the Council Chamber, Toronto City Hall.

After the Canadian National Anthem, Madam Meifang Zhang, Deputy Consul-General of the Chinese Consulate in Toronto, remarked that the event as timely important. She pointed out that research shown that human lifespan is 150 years, at least should be 120 years. However, not many of us could live that long. Environmental factors and lifestyles would be the answer. Giving up smoking, cutting down alcohol, sensible diet and exercise regimes were all important lifestyle factors. She congratulated the graduates as future nutritionists to contribute better and healthier lives for the community. As for

health and nutrition, she suggested that there were many things that we could learn from each other between China and Canada. Madam Zhang encouraged the new graduates and alumni of Canadian Academy of Natural Health to be a bridge between China and Canada. Together we promote preventive health and enjoy better lives.



Open Remard by Madam Meifang Zhang, Deputy Consul-General of the Chinese Consulate in Toronto.

Madam Meifang Zhang was the First Secretary, Chinese Embassy in Paris and First Secretary, Chinese Permanent Mission to the United Nations. Madam Zhang received her Master of Philosophy at the University of Cambridge and was a Senior Visiting Scholar at The John Hopkins University. Madam Meifang Zhang has supported public health promotion through Health Nutrition Forum since 2009 and through her personal experience of living a good lifestyle and leading by example. In recognizing her leadership and contribution, Madam Meifang Zhang was presented the Leadership Award at the end of her speech.



Madam Meifang Zhang was presented the Leadership Award at the Nutritional Health Education Forum and Nutrition Class Graduation Ceremony.

On behalf of all professors of CANHealth, Dr. Abazar Habibinia, Two times "Best Professor of the Year", congratulated all graduates for their accomplishments and achievements by finishing the very intensive, academically high quality course and finally make their dream as nutrition advisors a reality. "From now on" Dr. Abazar said, "your great mission starts, a mission to raise public awareness about foods and nutrition. The fact that the human body is very intricate and beautiful in its complex delicacy makes your career difficult and challenging but fulfilling one." Dr. Abazar stated "Nutrition is a three-dimensional career, incorporating knowledge, experience and process. Although the knowledge and experience may be shared with other careers, the nutrition process is unique. At the center of this process is the relationship between you and your clients. In the dimension of this process, you function as a member of a health care system. We congratulate you for choosing a three dimensional field." Dr. Abazar and all professors believed the graduates have absorbed all the knowledge needed to guide someone through the world of nutrition and to emerge as a skillful and caring nutrition advisor. "We believe that you are able to integrate your passion for the field of nutrition and your problem-solving abilities into a public-service framework. Undoubtedly, one of the most rewarding aspects of your career would be building relationships and making a difference in the lives of others through the changes you would apply in their nutrition. We believe that now is the season for you to tackle your true goal of practicing nutrition, a field that encompasses all ages, both genders, each organ system and every disease entity. We strongly believe that your intensive training

course has mentally prepared you to excel at any endeavor you put your minds to. Your compassion and commitment to the field will drive you through the years to come."



Dr. Abazar is a Sports Medicine Doctor with Certificate of Spinal Decompression and Traction Therapy. Head Sports Nutritionist, Extreme Fitness Co. and three times award winner of the Top Sports Nutritionist from the Company. Sports Medicine Doctor of Sydney Olympic Games 2000. Sports Medicine Doctor of World Soccer Cup, France, 1998. Dr. Abazar is an author of Nine Books about Sports Nutrition, Food Supplements, and Weight Management.



Professors from Canadian Academy of Natural Health.

Canadian Association of Nutri-Health Education (CANE) is a not-for-profit organization. Its vision is through the healthy lifestyle coach and bioactive nutrition education to all public to achieve optimal health and prevention of disease. Mrs. Christiana Mbazigwe, board of director of CANE, is also an alumni of CANHealth. She stated "I'm delighted to share my benefits from attending CANHealth. My health challenge motivated me to seek alternative therapy for a solution. When CANhealth came on stream, I opted to get myself better educated to take care of my health, and to also help others. Many people are dying in the world today because of the lack of knowledge of what they're eating and drinking. As a result of my training in natural nutrition, I have become so health conscious that I can't eat or drink anything without knowing the nutritional value it's adding to my health, and I encourage my family, friends and others around me to do the same. I now know how to read and understand food labels and their nutritional facts; foods & nutrients, and supplements that can heal common diseases and deliver optimal health. I'm happy for the knowledge I've gained that has improved my health." Mrs. Mbazigwe is currently the CEO of the International Creativity Women's Club. "Through our women's organization, I'm now advancing and promoting nutritional health discussions among women and girls in the communities, developing health-related programs, like baking, and advising emerging chefs & bakers to add nutritional facts to their recipes. It's my desire to bring natural nutritional health knowledge, principles, and philosophy to other individuals and professions. All these milestones are because of my attending CANhealth a couple of years ago. I see a natural health revolution going on in the world today and natural nutrition is leading, which shows a great opportunity."



Mrs. Christiana Mbazigwe, board of director of CANE and also an alumni of CANHealth.

Dr. Andy Cheung, President of Natural Medicine Health Society (NMHS), also an alumni of CANHealth, spoke to the graduates, "your open-minded and hard-studied led you into the entrance into the preventive medicine and anti-aging revolution of 21st century. You will make the best use of your professional knowledge to attend to the needs of your community. Natural Medicine Health Society will provide a platform for you to exchange information, to develop your business, to enhance professional knowledge and to raise your awareness. NMHS is a not-for-profit organization that advocates a distinct health care system that blends traditional and natural forms of medicine with modern scientific knowledge. Its missions is to promote the concept and use of natural medicine to achieve optimal health, to advocate the proper balance of three pillars of health – mental, physical and nutritional, and to raise public awareness of preventive medicine, healthy lifestyle, and anti-aging techniques." The Natural Medicine Health Society is a non-profit organization that advocates a blend between traditional natural forms of medicine with modern scientific knowledge. It advocates the balance of three pillars of health – mental, physical and nutritional to promote preventive medicine, and healthy lifestyle.



Dr. Andy Cheung, President of Natural Medicine Health Society (NMHS) and alumni of CANHealth.

The Canadian Association for Cancer Support is a non-profit organization developed from a Mandarin speaking grassroots community cancer support group. CACS is managed by volunteer Board of Directors and volunteer members, many of them are cancer survivors and their family members. They believe within love, support and education, cancer is preventable and treatable. Dr. Rongwen Li, the Board of Director of CACS, delivered the speech. "Public health nutrition focuses on the promotion of good health through nutrition and the primary prevention of nutrition related illness. Nutrition has a very powerful effect in human's body. It alters your internal terrain and influences genes. The National Cancer Institute estimated that at least 35% of all cancers have a nutritional connection. When lifestyle such as smoking and exercise are included, the associated risk may be as high as 85%. Nutrition affects cancers both directly and indirectly. Food safety, nutrition and health, nutrition and health care, nutrition and rehabilitation have become the new requirements. This requires more people to learn, understand and master of public nutrition knowledge to improve our diet, contribute to public health. Dr. Li highly appraised CANH for its remarkable contribution to public health. "CANHealth provided such a successfully training system for students to learn health and nutrition knowledge, help students applying their knowledge to build a healthier community. It also provided a platform for health and nutrition specialists to present and share their insights and knowledge." Dr. Li encourage the newly Registered Nutritional Specialists, "you will take a huge responsibility to public health. I believe that you will use your heart, your nutrition knowledge to serve the people in need, to help

more and more people to successfully achieve a change in lifestyle for better health." Dr. Rongwen Li currently works as a Research Scientist in the Department of Fundamental Neurobiology at the Toronto Western Hospital. He had led the National Natural Science Foundation of China research projects <Cardiac myosin light chain and application of monoclonal antibodies> and < The mechanism of Stress - free radical on myocardial damage and the Nutritional regulation >. Mechanism study for pain and stroke pathogenesis. Postdoctoral fellow at University of Melbourne : Dopamine Receptors in Schizophrenia and development of Anti-mental disorder drugs. Postdoctoral fellow at University of Connecticut USA : GABAA Receptor interacting proteins and brain diseases (Alzheimer's disease, Parkinson's disease). Research Scientist, Brain Research Centre and Department of Psychiatry at University of British Columbia : Perturbing the balance between inhibition and excitation will potentially disrupt in brain disorders (Autism).



Dr. Rongwen Li, Research Scientist in the Department of Fundamental Neurobiology at the Toronto Western Hospital; Board of Director of Canadian Association for Cancer Support.

The 2012 Fall "Best Professor of the Year" - Excellence Award was announced. The Excellent Award Recipient was Dr. William Zhang. On his Award Recipient Speech, Dr. Zhang said, "It's my great honour to be this year's "the Best Professor of the Year - Excellence Award" from CANHealth. I have never miss any one of your classes, I have never miss any one of your graduations but one time when I was in a Conference! But I have never thought you notice that! You might not imagine how wonderful I feel when I heard this news! It's a great honour and I like it! Thank you, teaching faculty and our lovely students! Even I am very excited, I still remember today is your Graduation day. As a professor, I share your happiness. I congratulate you for your great achievement! You have done your great job and walked the successful journey of being a certified

Nutrition Consultant! Please accept my heartiest congratulations and celebrations, together with your family members and friends! You deserve it! On a day of such high excitement, you will receive your certificate. But most importantly you will bring knowledge with you that you have learned from your hard work, from books and your classes for lifetime. These knowledge will not only support your career but also give you the benefit for your own health, your family members' health and all people's health around you. I deeply consider so." Dr. Zhang introduced his recently research with a small sample size, but meaningful in statistics. "I prepared a small questionnaire list to ask people: 1) Have you heard about Omega 3? 2) Do you take Omega 3 daily if you do not eat sea food in a week? And all participants are medical staff working in university affiliated hospitals in China. Guess what I got? For Question one "Have you heard about Omega 3?", 1/3 answered by questioning back "Do you say fish oil?", and other 1/3 answered with "No". For Question two "Do you take Omega 3 daily if you do not eat sea food in a week?", all participants except two answered with "No". Surprisingly! This tiny informal survey demonstrates that to let public be aware of some basic nutrition concepts, we still have a long way to go. Knowledge and education would be the best ways to keep you healthy. Knowledge and education are what you have. Now you are on the way to keep you and people around you healthy. There is a long way to go. As your professor, we are going with you! Let us wish we all have good lucks!" Professor William Zhang, MD. PhD. is a Scientist in Section of Urology from Sunnybrook Science Centre, and guest professor at Canadian Academy of Natural Health, board of director of Canadian Association of Nutri-Health Education and Canadian Association for Cancer Support. He was a MD and received Master of Science in West China University of Medical Sciences and Nanjing Medical University, and PhD from Karolinska Institute in Stockholm, Sweden in 1995. He was a consultant Urologist and Lecturer in the 1st University Hospital of WCUMS. Dr. Zhang is an author for 40 scientific papers and book chapters.



Professor William Zhang, MD. PhD. received the 2012 Fall "Best Professor of the Year - Excellence Award".

The Nutritional Health Education Forum started the academic presentation on "Dietary Fibre as Nutraceuticals" by Dr. Steve Cui. Dr. Steve Cui is the research scientist at the Guelph Food Research Centre, Agriculture and Agri-Food Canada, Professor at Guelph University, Editor of "Food Research International" and "Food Hydrocolloid", and the author of Polysaccharide Gums from Agriculture Products (2000) and editor of Food Carbohydrates (2005). Dr. Steve Cui was the recipient of Leadership in Technology Transfer Award in 2006 by Federal Partners in Technology Transfer, Government of Canada, for his exemplary leadership in the development of inventive food extraction processes and the transfer of flaxseed dehulling technologies. He holds six patents and has published over 80 scientific peer reviewed papers and dozens of book chapters in the area of food carbohydrates. He is consulted frequently by researchers and food industries on analytical methods and applications of hydrocolloids in foods and non-food systems.

Dr. Cui first defined "Fibre" as "the food fraction that is not enzymatically degraded within the human gastro-alimentary tract and is composed mainly of cellulose and lignin, but also hemicelluloses, pectins, gums, and other carbohydrates." Dietary fibre can be classified into two types of non-starch polysaccharides based on solubility according to Dr. Cui: 1) Insoluble (non-viscous and non-fermentable) matrix fibres (lignins, cellulose and some hemicelluloses), and 2) Soluble or gel-forming fibres (pectins, gums, mucilages and some hemicelluloses)-multi-branched hydrophilic substances capable of absorbing

water readily forming viscous solutions (viscous and fermentable). Health Canada recently allowed a health claim on oats products: Effect of oat β -glucan isolate on blood glucose and insulin - dose response. Effect of daily dose of 5.8 g β -glucan on total serum cholesterol, because it can increase gastric and intestinal viscosity, *delay gastric emptying, decrease nutrient absorption, and interfere with bile micelle formation*. Studies show that soluble fibre can affect obesity and cardiovascular disease by: 1) Improving body weight control by slowing down gastric emptying; 2) Lowering blood pressure-hypotensive effect; 3) Lowering lipids; and 4) Lowering blood glucose.



Dr. Steve Cui. Dr. Steve Cui is the research scientist at the Guelph Food Research Centre, Agriculture and Agri-Food Canada, Professor at Guelph University.

The second presentation was "Nutrition for Chronic Pain Patients" by Dr. Richard Goodfellow. Dr. Goodfellow received his Doctor of Dental Surgery, University of Toronto. He is the Founding Member and Program Chairman of Canadian Chapter American Academy of Craniofacial Pain. Dr. Goodfellow has successfully treated over 800 TMJ patients with multiple programs including the nutrition dimension. He is currently Director of the TMJ and Sleep Therapy Centre of Toronto.

In his Dr. Goodfellow focused his presentation on Temporomandibular Joint Dysfunction (TMD) - a structural problem in the temporomandibular joint (TMJ) causing long term chronic pain. In addition to all the treatment includes many dimensions - removing

central sensitization, restoring structural integrity, relaxing the muscles, restoring and maintaining airway (sleep), and reducing inflammation. "For each of these, nutrition plays an important role. For example, using of epsom salt baths, calcium and magnesium supplements, and other muscle relaxants can break the cycle of muscle trismus." Dr. Goodfellow stated that "inflammation is the body's response to injury, and the function of inflammation is tissue healing. the inflammatory process is a chemical process, and no matter the source of injury, inflammation is the outcome. "From a practical perspective, we are all dealing with the inflammatory process at this moment to varying degrees, and this is because we all experience injury on a daily basis, which is either overt (macro-trauma) due to falls and accidents, or subtle (micro-trauma) due to normal activities of daily living. Some of us heal better than others, and part of this is a genetically determined issue; and it is also a dietary issue. For many people, macro-trauma can lead to chronic pain that last for many years or even a lifetime. Diet and supplements can often help these individuals. Every time you eat the wrong foods, you create inflammation in your body that will slowly but surely lead to the expression of chronic pain, cancer, heart disease, Alzheimer's disease, or whatever disease to which you may be genetically predisposed to develop. Not surprisingly, diet and supplements can often help to prevent and treat these conditions. In short, we need to eat vegetation and animals that ate vegetation, take appropriate supplements, and we need to exercise more...this is all we need to do to promote an anti-inflammatory state." According to Dr. Kenneth Mukamal, the Harvard Medical School's associate professor of medicine: New study suggests: eating average amount of omega-3 fatty acids, usually found in salmon and other fatty fish, and may aid fighting gum disease. Fish oil eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) were related with less gum disease, reduce symptoms of joint pain, reduce inflammation in the blood vessels and the temporomandibular joint. Dr. Goodfellow pointed out that "Our bodies can't make omega-3s, so we must get them from foods or supplements." Antioxidants were another important factor, because they destroy free radicals, which damage our joints and cause pain. The complex processes of the inflammatory response itself actually are responsible for generating even more free radicals. Studies found those people that have low levels antioxidants have been shown to have a significantly increased risk of developing rheumatoid arthritis and joint pain. The important Antioxidants included Vitamin A, C, E, Proanthocyanidin, found in Grape Seeds and Pine Bark, which inactivates the free radical and therefore provide benefits of joint health, and increase blood flow and reduce joint pain. Coenzyme Q10 is also a powerful antioxidant vitamin like substance aids blood circulation, stimulates immune system and reduce inflammation and pain. Dr. Goodfellow also stated that in addition to the above supplements he used on his patients, he also suggested Glucosmine - a key component of Cartilage, for support healthy joint function and promote the normal production of Synovial fluid and reduce joint pain. When combined with other herbs, such as Boswellia Resin used in traditional Indian Ayurvedic and Scutellaria Root used in traditional Chinese medicine, a much better result could be achieved.



Dr. Richard Goodfellow: Founding Member and Program Chairman of Canadian Chapter American Academy of Craniofacial Pain; Director of the TMJ and Sleep Therapy Centre of Toronto.

After the Health Presentations, the graduation ceremony started by presenting the student Award. The Academic Excellent Award went to Saimah Khan, the Career Inspiration Award went to Stefan Sun, and the Hardworker Scholarship went to Loreen Shaw George.

The Academic Excellent Award winner Saimah Khan delivered her Award Recipient Speech. "The months have passed by so quickly, it is almost unbelievable we are standing here today, all together to recognize our noble accomplishments. Noble because we took the first courageous step to make a change not only in our lives, but also in the lives of others. I am certain when we started these classes we had no idea the amount of knowledge we would gain. As we began to be introduced to the human body and nutrition, we were surprised how much food affected us directly. Food is an essential component of human existence, and as important as water and the air we breathe. Yet in the world we live today, we forgot the truth. As Mike Adams, online health guru has said, "Today, more than 95% of all chronic disease is caused by food choice, toxic food ingredients, nutritional deficiencies and lack of physical exercise." It was, as we discovered, so very simple. We find out how our body is intelligent even though what we put in our mouth is not! Our body knows exactly what to do with these amazing nutrients. Slowly our minds began to expand to possibilities.

"So, what kind of possibilities you ask?" Saimah asked. "The possibility that we can be in control of our OWN health, regardless, how much pollution and toxins have ended up in our food chain. The possibility of actually PREVENTING illnesses by assisting our bodies just by simply providing our body good food and necessary nutrients. The possibility that by EDUCATING people on how to take care of themselves, and then without being afraid to cause any side effects.

"What we learned that we can practice as Registered Nutritionists? We learned the most crucial of the body systems for digesting and absorbing the nutrients. We learned about the importance of keeping our intestinal health optimum with digestive enzymes and probiotics. We learned all the latest scientific studies being done on how food can affect the gene expression and how disease can be affected by the micro and macronutrients. We learned the crucial significance of phytonutrients and how it protects from cancer cell growth. We also learned about the real healthy way to manage weight and how to apply this knowledge in the clinical setting.

"As I stand here before my classmates and professors, I would graciously like to thank all of you for sharing the fundamental basic knowledge on nutrition. We learned about the importance of respecting individuals and practising an ethics based profession. We must reflect on the past decisions we made for our health and well being & looking onwards where we are skilled enough now to guide and assist those who need our help towards a brighter future as surely as we will have too."



The Academic Excellent Award winner Saimah Khan is delivering her Award Recipient Speech.

The Best Presentation Award was given to the Presentation on "Probiotics for Life". The winners of the presentation were Saimah Khan, Loreen Shaw George, and Kiki Zhang. The three winners did a 6-minute demo presentation on probiotics.



The Best Presentation Award winners are Saimah Khan, Loreen Shaw George, and Kiki Zhang.

The group introduced WHO's definition of probiotics as "Live microorganisms which when administered in adequate amounts confer a health benefit on the host". Our bodies carry trillions of bacteria, especially in our intestines. The group introduced three most recent researches to demonstrate the powerful effects of probiotics. Research 1 - McMaster University's study on Diarrhea: 3,818 patients studied in 20 randomized-controlled trials. Hospitalized patients who were on antibiotics and developed the side effect of diarrhea. The patients with cases of new developed *Clostridium difficile*-associated diarrhea were given probiotics. The result shown the infection was reduced by 66 % with the use of probiotics with no serious side effects were observed. Research 2 - McGill University's study on Cholesterol: 114 subjects completed this double-blind, randomised study done in hypercholesterolaemic adults group. Probiotic formulation taken twice per day over 6 weeks. Reductions seen in LDL-cholesterol by 8.92 % and total cholesterol by 4.81% in group who had high cholesterol levels. The results shown significant finding of the similar effect to that of other cholesterol-lowering ingredients found in medication. Research 3 - Critchfield et al. on Autism. They reported strong association has made between the intestinal bacteria and the symptoms of autism spectrum disorder. Among the regressive Autism, they found imbalance in the gut microflora leads to pathogen overgrowth or and the metabolic dysfunction. Studies now wanted to safely use probiotics that re-introduce healthy bacteria to treat the dysbiosis

and treat autism by decreasing unhealthy microflora of the gut. The group also presented a case study on a 26-year-old male diagnosed with MS, suffers from constipation, stomach pain, lack of energy and depend on a walker to get around, very irritable and very Depressed. Six months after implementing a nutrition plan including Aloe Juice for constipation and cleansing, colon and liver detoxification, B-Complex for energy and reduce pain, Enzymes and Probiotics for digestion and nutrient absorption, the young man had regular bowel movement, regained energy, gave up the walker, and went to the gym 4 days a week. He believed in the supplements and continued to take them every day. The group concluded with the important question "Who Should Use Probiotics?" The answer they gave, "anyone uses antibiotics, under stress, performing colon cleansing, eating low fibre and high carbohydrate diet, has occasional diarrheal or constipation should use probiotics to achieve a balanced gut microflora and therefore better lives.

The Event was closed by the President Address from Professor Jian Guan. As the host professor and the funding president of Canadian Academy of Natural Health, Professor Guan really care about the students, their learning, their progressing, and their professional future. Professor Guan actually use a very light yet meaningful story to conclude the heavy academic forum and serious ceremony: " Once upon a time, there was a spider named Jur. She was on the temple beam for a decade. The chief monk saw Jur and asked, "what did you see for the past ten years?" Jur responded, "I saw people praying for getting married, for having children, for money and success. People were praying for what they don't have." The chief monk shook his head and walked away. Another decade went by, the chief monk found Jur and questioned, "what did you see for the past twenty years?" Jur answered, "I saw elder people crying for lost sons, middle aged crying for their died spouses, children crying for their sick parents. People were praying for what they lost." The chief monk nodded his head, but left. Another decade past, the chief monk saw Jur still looking down from the temple beam, he asked again, "what did you see for the past thirty years?" Jur replied, "I saw some young beautiful women and handsome men were looking for a life-saving panacea to prevent those helpless people from losing their beloved ones, I also saw some strange middle-aged men and women, they looked quite successful, but they were looking for solutions that they could use to help these young men and women to help those who were helpless and prevent them from regret of the lost." The chief monk nodded and said. "You are ready for reincarnation. You will landed in Canada and your occupation is the nutritionist."



President of Canadian Academy of Natural Health, Dr Jian Guan is delivering the President Address.

"My dear students", Professor Guan looked at her students, "you are the young beautiful women and handsome men, who are looking for a life-saving knowledge to prevent illness and postponed death. You are the ones using this knowledge to help the helplessness to be healthy and strong instead of cry and regret. You are using what you have learnt to promote health and prevent diseases. You are engaging the most noble career as nutritionists."

"My dear Professors," Dr. Guan turned to CANHealth Professors, "you are the strange, successful looking, middle-aged men and women. You are strange because you are already successful indeed, but you still work hard to find solutions to give to these young men and women so that they can use these solutions to help the helplessness to prevent diseases and gain health. The knowledge and wisdom you give will empowered them to engage their noble career. Please also remember -- Jur is among your students." Dr. Guan implied that the main character in the story eventually understood the social needs and nutrition trend, and therefore turns into a beautiful nutritionist. All the graduates could be the ones who understood the nutrition trend and held great social responsibility to help the community.



In her Close Remarks, Dr. Jian Guan, the host professor reminds professors that Jur - who has eventually understood the social needs and nutrition trend, and therefore turns into a beautiful nutritionist - is among our students.



Professors from CANHealth and the students graduated from 2012 Fall Nutrition Class.

Other Professors from CANHealth attended the Forum. They were Dr. David Liu, Dr. Zenghai Qiao, Dr. Jane Yan, Dr. Zhenbo Zhang, Dr. Jasmina Novakovic, Dr. Ying Zhang, and Ms. Annie Kang. Participants of the Forum also include many health professionals and community leaders: Dr. Hongyan Li, Dr. Yuhua Liu., Mr. Allen Li, Ms. Linda Liu, Ms. Yujie Tan, Dr. Guonan Xu, Dr. Guodong Fu, Dr. Wei Luo, Dr. Howard Lin, Dr. Ziaochu Zhang, Dr. Sumei Fu, and Dr. Mahmood Mohseni.



The Event coordinator was Ms. Kathy Guo, the Administrative Assistant of CANHealth. The presentation slides was translated by Ms. Sudan Huang, the Research Assistant of CANHealth. The Masters of Ceremony were Angela Yang and Danqing Xu. The National Anthem led by Mrs. Hannah Mbazigwe. The photographers were Elking Grace, Elmer Soriano and JPG. The Certificate Presentation Assistant was Kiki Zhang. The technicians were Lucy Song, Stacy Gu, and Yida Zhang. Other volunteers included: Charles Chan, Iris Jiang, Andre Liang, David Lin, Ada Sum, Shuyan Li and Rosa liu.



The event volunteers are getting ready for the certificates.



The Masters of Ceremony were Angela Yang and Danqing Xu.



National Anthem led by Mrs. Hannah Mbzigwe.

The students are successfully achieved Registered Nutritional Health Specialists: Chee Tat Chan, Jurina Chan, Waikwong Cheung, Fred Jin Xing Feng, Loreen Shaw George, Pejka Grvbic, Ka Lai Ho, Dong Ying Huang, Patty Peiyi Huang, Iris Aijun Jiang, Saimah Khan, Baoying Liang, Brenda Mei-Fun Liao, David Lin, Jinhong Liu, Chi-Chin Lo, Zhichun Shen, Ada Wai-Shan Sum, Kangcheng Sun, Karen Jihong Xu, Angela Jing Yang, Bessie Jia Zhang, Lan Zhang, Kiki Meng Zhang, John Zhenhua Zhang. The students graduated from 2012 Fall Nutrition Class as Certified Nutrition Practitioners are Jenny Bo Sun, Danqing Xu and Anna Wei Ye.



Chee Tat Chan, Registered Nutritional Health Specialist.



Jurina Chan, Registered Nutritional Health Specialist.



Waikwong Cheung, Registered Nutritional Health Specialist.



Fred Jin Xing Feng, Registered Nutritional Health Specialist.



Loreen Shaw George, Registered Nutritional Health Specialist.



Pejka Grvbic, Registered Nutritional Health Specialist.



Ka Lai Ho, Registered Nutritional Health Specialist.



Dong Ying Huang, Registered Nutritional Health Specialist.



Patty Peiyi Huang, Registered Nutritional Health Specialist.



Iris Aijun Jiang, Nutritional Health Specialist.



Saimah Khan, Registered Nutritional Health Specialist.



Baoying Liang, Registered Nutritional Health Specialist.



Brenda Mei-Fun Liao, Registered Nutritional Health Specialist.



David Lin, Registered Nutritional Health Specialist.



Jinhong Liu, Registered Nutritional Health Specialist.



Chi-Chin Lo, Registered Nutritional Health Specialist.



Zhichun Shen, Registered Nutritional Health Specialist.



Ada Wai-Shan Sum, Registered Nutritional Health Specialist.



Kangcheng Sun, Registered Nutritional Health Specialist.



Karen Jihong Xu, Registered Nutritional Health Specialist.



Angela Jing Yang, Registered Nutritional Health Specialist.



Bessie Jia Zhang, Registered Nutritional Health Specialist.



Kiki Meng Zhang, Registered Nutritional Health Specialist.



John Zhenhua Zhang, Registered Nutritional Health Specialist.



Jenny Bo Sun, Certified Nutrition Practitioner.



Danqing Xu, Certified Nutrition Practitioner.



Anna Wei Ye, Certified Nutrition Practitioner.



The leading photographer for the event: Elking Grace.



The photographers: Elmer Soriano and JPG.





