

# Graduation Ceremony for Nutrition Class 2010 Fall

December 12, 2010  
Scarborough Civic Centre  
Toronto



**Canadian Academy of Natural Health**  
加拿大天然健康研究院

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# Christiane Campagnaro RNC.



- I enjoyed taking the Certified Nutrition Practitioner course at the Canadian Academy of Natural Health very much.
- Our host Professor Jian Guan, did an amazing job in providing us with great guest speakers who shared their expertise and their up to date research studies with us.
- I learned a lot and I am very eager to incorporate everything that I have learned about health and nutrition into my daily work as a certified personal trainer.

# Chu Chow周楚, TMC. RNC.

- I am a TCM, Acupuncturist, and Chi Gong master; now I am a Registered Nutrition Counselor.
- I am very happy that the Nutrition Class helped me understand diseases from systemic, micro cellular level and allows me to expend my knowledge to help my clients anti-aging from holistic perspectives.
- 我是一名中医师，针灸师和气功师，现在还是一名注册营养师。我很高兴学习了营养学，使我了解了现代补充医学，从系统，微观和细胞层次认识疾病，与中医学相结合，全面的预防，抵抗疾病，从而使使人健康长寿！谢谢关教授。



# Michelle Man Chee, RNC.



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# Joanna Yan Chen, RNC.



Nutrition Practice Course gave me a lot of knowledge. I am running a weight loss clinic in Scarborough. I just gave my customers treatment without any education before. Some of my customers told me that they have tried a lot of method for weight loss. They lose some weight but gain back. After I took this course, I know how to educate them and I told them that this is Yo-Yo dieting. They have to change their lifestyle and eat low GI food, have some exercise everyday. Also I told them that they need to clean their internal (digestion) system before they begin to take weight loss program. Now I gave them education with my knowledge which I got it from the course. This course really helps my business successful. Thanks a lot for all speakers in the class. All best to you!

# *Fiona Chu, RNC.*



*I would like to thank Professor Guan and all guest speakers who displayed consummate professionalism and passion, training us in the professional skills and knowledge of nutrition, giving us the opportunity to fulfill our potential.*

*I look forward to a most rewarding and exciting career.*

# **Gary Chen Geng, RNC.**

After I took the Nutrition Class, I deeply believe that miracle does exist. Because nutrition can provide healthy life to people, nutrition can save our life, and nutrition can change our fate.

In the future life, the nutrition will become a tool which can let me help myself, my family, and the people who around me.

**Sharp tools make good work.**

**工欲善其事，必先利其器。**



# Judy Jeremiah, RNC

I am very happy to have been a part of this program. This course has given me a better understanding of diseases prevention through lifestyle changes. It has taught me how nutritional supplements can repair unhealthy bodies and can also maintain better health in others.

As a Registered Nutrition Counselor I am destined to help everyone who comes through my path to obtain optimum health one person at a time. Health is my passion and wellness is my goal, knowing that this is not about me, but it's all about you.



# Mei-Ling Lee, RNC.



I am glad to have this wonderful opportunity to take this course.

It increased my overall knowledge about nutrition.

# Ruth Lin, RNC.



Throughout one's life, one can encounter many strange sorts of miracles. I could not have ever imagined that the things I've learned in nutrition would be able to ease my mother's Parkinson's ailment symptoms.

# Tracy Xiaohong Liu, RNC.



The knowledge I learned in this nutrition is much more than what I imagined, much more than what I expected. It will greatly change my perspectives, my lifestyle and my life. It will greatly benefit not only myself, my families, but also my friends around me, even the community. Being a certified nutritional consultant, I know the responsibility, I know the challenge, but I have confidence to do it well.

# **Kevin Kang Seng, RNC.**

I am in the dentist industry, nutrition to me is new. The Nutrition Course opened my mind and expended my vision to the healthy lifestyle that people really need in their daily life to stay health and to prevent diseases.



# **Xi Feng Yang, RMT. RNC.**

**I am a Registered Massage Therapist and now I am a Registered Nutrition Counsellor. This nutrition course has setm the goal in my life, which is to continue upgrading myself. I will use the knowledge I have gained to help my family, friends, as well as patients.**



# Rachel Qing Ye, RNC.



- 我是一名化妆师，在平时的生活中我只能用色彩勾画出人们地俊美气色。参加了专业的营养课程学习之后，学会用纯天然植物精华调理人体气血养出健康自然之美。

# Andy Zhang, TCM. RNC.



I am very thankful to get the opportunity to study nutrition after 35 years practicing Traditional Chinese Medicine. By combining the two, I am able to apply “Preventive Medicine” to holistic health professional services. My life is more fulfilled by make my clients happier and younger.

我安迪張很感恩，在我從事中醫35年過半百時，承蒙获得在加拿大天然健康研究所高級營養學班升造，得似中醫古代醫學“治未病”理念好全面發揮。以整體治療方法進一步服務社群，從而使自己及為他人得到預防疾病抗衰老美好人生。正是：病人笑一笑，吾家百年少！衷心感謝曾為我付出了辛勤的各位教授和朋友们！

# Hui Rong Zhang, TCM. RNC.



- In my 35 years of health professional practices as a gynecologist and a Registered Traditional Chinese Medicine Practitioner and an Acupuncturist, I believe good health is the most important wealth in our life. Maintain our good health and illness prevention are more important than medical treatments. The best way to enjoy a healthy life is to combine Chinese herbal medicines, diet and nutrition with positive living attitude.
- 35年的行医生涯感悟：健康是人的第一财富。保健和预防重于治疗。只有将积极乐观的人生态度、食疗、营养、锻炼和中医调治结合起来，才可健康、快乐的享受生活。

# Ivy Ying Zheng, RNC.



Taking nutrition classes to achieve my goal----help others who rely on professionals' help to achieve optimal health.

Knowledge is power. I am always willing to be fully charged by knowledge, in order to transfer my energy to clients, family, and friends.

This course provides me a chance to be a professional nutrition counselor. Thanks to my all professors and colleagues!